AYSO - Region 144 U5 Summary

Fall 2011

This is a list of the key facts that the parents need to understand for the U5 soccer program. Information on this sheet supersedes all conflicting information from old website pages.

Some dates and times may change, so check emails.

1) Training sessions and **GAMES** are both on **SATURDAY** in a **1.5 hours** session: approximately 45 minutes of skills games/training (this includes set-up time, water breaks, explaining the drills) and about 45 minutes for game time (the actual game time is 30 minutes of playing time, this includes breaks, set-up and take down). The start times are either 8:30 am or 10:00 am (start times alternate between boys and girls each week).

2) Kids must have SHIN GUARDS at all times to participate. A ball and cleats are STRONGLY encouraged. They need to be in their uniform for the game. Water is necessary and snacks are suggested.

3) Every kid needs an ADULT (or guardian or older sibling) partner during the practice part of the U5 session. Many of the skills game require the help of a partner.

4) There are TEAMS. Teams are formed the first week, but **they are FLEXIBLE – and can occasionally change week to week**. FOR THE MOST PART, PARENTS/KIDS FORM THE TEAMS. There are **FOUR PLAYERS per team** and **TWO TEAMS PER FIELD**. If you have a group of 6 that want to be together, just make sure they are on the same field, and they can switch off who is on the same "team" each week! We **occasionally** have to move players around to keep things balanced as people join or leave the program. Keep in mind, if your goal is to play with certain kids – simply be on time each week and you can be in the same group. **Also, if you are late, we may have to ask you to join a different group for one week if we had to shuffle the groups to fill in your spot.**

5) GAME RULES: 3 v 3, no offside; NO GOALIES; players substitute every 2 – 3 minutes; 2 minute quarter break 7 minutes into the half; 5 minute half-time break after 15 minutes. Ball out of bounds – usual restart with throw-in, goal kick, or corner kick. No bad throws. Only obvious hand ball or pushing fouls are called.

6) **PARENT VOLUNTEERS: AYSO is an ALL VOLUNTEER organization** – the U5 program will not happen without the following volunteers:

1) Boys group – we need 18 field coordinators/coaches. Girls – we need 10
2) We need 2 parents from boys and 2 from girls to be in charge of goals
3) We need one parent for each team to be in charge of substitutions
4) We need one parent for each field to keep time for the games.

MANDATORY FIELD COORDINATOR/COACH MEETING FRIDAY SEPT. 9, 5:30 – 6:30 at Plaza Park – pizza and drinks provided.